

# CHRIST UNITED

The Daily **Reset** (15 to 20 min)

**R** Relationships \_\_\_\_\_  
\_\_\_\_\_

**E** Eyes Open \_\_\_\_\_  
\_\_\_\_\_

**S** Scripture \_\_\_\_\_  
\_\_\_\_\_

**E** Emotions \_\_\_\_\_  
\_\_\_\_\_

**T** Thanksgiving \_\_\_\_\_  
\_\_\_\_\_

Find those days, this week, that offer you and 15 to 20 minute space....to Sabbath and **Reset**.

Seek to implement **R. E. S. E. T.**

*We will discuss next week.*